

Cancer Rehabilitation

Working with you to develop a personalised rehabilitation plan throughout your cancer journey

Our Care Team



- Rehabilitation Medicine Physician
- Nurse
- Dietitian
- Physiotherapist
- Occupational Therapist
- Speech Therapist
- Music Therapist
- Art Therapist



Diagnosis

Prehabilitation
Prevent impairment



Treatment

Restorative Rehabilitation
Preserve & restore function



Recovery or Recurrence

Supportive Rehabilitation
Compensate for impairments & prevent decline



Disease Progression

Palliative Rehabilitation
Relieve symptoms & maintain quality of life

Our GOALS

- Mobility
- Strength
- Independence
- Comfort
- Quality of Life
- Recovery from side effects of cancer & its treatment

How does cancer rehabilitation help?

What can I expect during my cancer rehabilitation appointment?

- ✓ Symptom assessment
- ✓ Physical examination
- ✓ Rehabilitation goal-setting
- ✓ Referral to a different healthcare staff in our care team
- ✓ Exercise prescription based on your body & health condition

How do I book an appointment?

Speak to your doctor or nurse to find out more.