



NATIONAL RESUSCITATION COUNCIL

5 March 2006

MEDIA RELEASE

For Immediate Release

1ST ASIAN UPDATE IN RESUSCITATION & 2ND SINGAPORE RESUSCITATION SYMPOSIUM 2006

With an increasingly ageing population, sudden cardiac death remains a very important problem. It can occur anywhere and may be the first manifestation of heart disease.

Many victims of sudden cardiac arrest (SCA) demonstrate ventricular fibrillation (VF) at some point in their arrest. Treatment of VF SCA requires early cardiopulmonary resuscitation (CPR) and shock delivery with a defibrillator. It is critical to note that high-quality bystander CPR can double or triple survival rates of these cardiac arrest patients.

However, high quality CPR and successful resuscitation requires the immediate activation of a chain of survival and well-trained personnel to respond expeditiously and implement the necessary correct measures.

Therefore, having simplified and standardised national guidelines will ensure that everyone involved in CPR will know what to do during those precious few minutes regardless of where they are trained in Singapore.

Update in International Guidelines & Launch of Local Guidelines

The International Liaison Committee on Resuscitation's (ILCOR) 2nd International CPR Guidelines was recently reviewed and published. Therefore this resuscitation meeting on 5 March 2006, jointly organized by National Resuscitation Council of Singapore (NRC) and the Society for Emergency Medicine in Singapore, is to update the CPR training centres and personnel on the new international resuscitation guidelines.

A major purpose of updating our local CPR training centres of the revised guidelines is to improve patient survival from cardiac arrest, by increasing the number of victims of cardiac arrest who receive early, high-quality CPR. At the same time, the Singapore CPR Guidelines, applicable to the local context, will also be launched.

Convening of Resuscitation Council of Asia (RCA)

In addition, this event marks the first resuscitation symposium for the Resuscitation Council of Asia (RCA).

In January 2005, representatives from Japan Resuscitation Council, Korean Association of CPR, National Resuscitation Council in Singapore and National Resuscitation of Taiwan discussed the formation of Resuscitation Council of Asia during the ILCOR Evidence Conference in Dallas, USA. On 17 July 2005, these four resuscitation councils signed an agreement and approved the constitution of RCA in Nagoya, Japan.

The formation of RCA is to foster consistency in resuscitation guidelines, exchange of good practices and develop research in resuscitation medicine in Asia. With the objective to preserve life by improving standards of resuscitation and the chain of survival in Asia, RCA aims to promote political and public awareness of resuscitation requirements and practices in Asia.

“The formation of RCA is pivotal in ensuring that Asia is represented in the International Liaison Committee on Resuscitation (ILCOR), a forum for liaison between principal resuscitation organisations worldwide so that Asia’s CPR guidelines are reflected and recognised globally,” says Dr Teo Wee Siong, Chairman of the National Resuscitation Council EXCO.

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For more information, please contact:

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PROGRAMME OUTLINE

1ST ASIAN UPDATE IN RESUSCITATION

5TH March 2006, Sunday

Changi General Hospital, Auditorium

Time	Programme	
0800	Registration	
0830	Arrival of Guest of Honour	Dr Balaji Sadasivan Senior Minister of State (Health) Ministry of Health
0835	Opening Address by Chairman, NRC	Dr Teo Wee Siong Senior Consultant Director of Electrophysiology & Pacing Cardiology, National Heart Centre
0840	Welcome Address by Guest of Honour	Dr Balaji Sadasivan
0850	Future Resuscitation Guidelines – Crystal Ball Gazing	Dr Colin Robertson Consultant Accident & Emergency Medicine, Royal Infirmary Edinburgh Professor Accident & Emergency Medicine & Surgery, University of Edinburgh, UK
0930	Public Access Defibrillation – Where, Who, How, Is It Cost Effective?	Dr Michael Sayne Associate Professor Emergency Medicine, Ohio State University, USA
1010	Tea Break	
1040	The ILCOR Guidelines – The '5' most important changes in Advanced Life Support	Dr Peter Morley Senior Specialist Intensive Care, Royal Melbourne Hospital, Victoria, Australia
1120	Latest Updates: How to strengthen the Chain of Survival?	Members of the Resuscitation Council of Asia <u>Japan</u> Dr Tetsuo Hatanaka Professor Emergency Life Saving Technique Academy

		<p>Adminstrator Japan Resuscitation Council</p> <p><u>Taiwan</u> Dr Matthew Ma Assistant Professor Department of Emergency Medicine, National Taiwan University Hospital</p> <p>Hon Treasurer National Resuscitation Council of Asia</p> <p><u>Singapore</u> Dr Lim Swee Han Head & Senior Consultant Emergency Medicine, Singapore General Hospital</p> <p>Clinical Associate Professor Yong Loo Lin School of Medicine, National University of Singapore</p> <p>Hon Secretary National Resuscitation Council of Asia</p> <p><u>Korea</u> Dr Sung Oh Hwang Professor Department of Emergency Medicine, Wonju Christian Hospital, Ynsei University, Wonju College of Medicine General Secretary Korea Association of Cardiopulmonary Resuscitation</p>
1240	Q&A	
1300	Lunch	
1400	The ILCOR Guidelines – The '3' most important changes in Basic Life Support	Dr Michael Sayne
1430	In-Hospital Cardiac Arrest – Do code blue teams make a difference?	Dr Peter Morley
	Launch of Singapore NRC Revised Guidelines 2006	
1500	BCLS	Dr Lim Swee Han
1515	AED	Dr V Anantharaman

		<p>Chairman Division of Ambulatory & Clinical Support Services, Singapore General Hospital</p> <p>Clinical Professor Yong Loo Lin School of Medicine, National University of Singapore</p>
1530	ACLS	Dr Teo Wee Siong
1545	PAEDS	<p>Dr Irene Chan Consultant Paediatrician & Intensivist Director of Paediatric Resuscitation Courses</p>
1600	Life Support for Nurses	<p>Dr Eillyne Seow Head & Senior Consultant Emergency Medicine, Tan Tock Seng Hospital</p> <p>Clinical Associate Professor Yong Loo Lin School of Medicine, National University of Singapore</p>
1630	Q&A	
1645 – 1730	Closing Remarks	