

# Your COVID-19 Vaccination Roadmap

*Getting vaccinated against COVID-19 is a key and effective measure to contain the current pandemic.*

## 1: Enrol for COVID-19 vaccination at SGH

SGH is offering the vaccination service only for our patients with complex chronic medical conditions who are being followed up at our clinics. Your doctor has considered your clinical condition as well as medical history, and recommends that you be vaccinated in SGH.

Patients whose chronic conditions are stable will be advised to be vaccinated at Community Vaccination Centres.

Our vaccination programme is currently not extended to our inpatients, in view of their medical conditions. It is also not open to members of the public.

## 2: Book the vaccination appointment

During your clinic appointment, your doctor has discussed with you about COVID-19 vaccination, and with your consent, has placed an order for you to receive the vaccine at SGH.

The registration staff at the clinic has booked your appointment to return for both Dose 1 and 2 of the COVID-19 vaccination. The appointment for Dose 1 may not be on the same day of your clinic visit, as the vaccines have to be ordered in advance.

## 3: SMS Reminders

To help you remember your appointment, you will receive 3 SMSes from us: one week before, the day before as well as the day of your vaccination.

If you are unable to keep to your appointment, please reschedule as soon as possible so that the vaccine is not wasted.

*\*To reschedule, please refer to the instructions within the SMS notification or do so via the HealthBuddy app.*

## 4: On both days of your vaccination

Bring your IC and the vaccination card (to be issued to you after the first Dose)

- Please turn up on time. You can expect to spend about an hour at the Vaccination Centre, including 30 minutes for observation after the injection.
- Please wear short sleeved attire, or sleeves loose enough to be rolled up.
- There is no need to fast.
- If you are unwell, stay home. Please postpone your appointments\*.

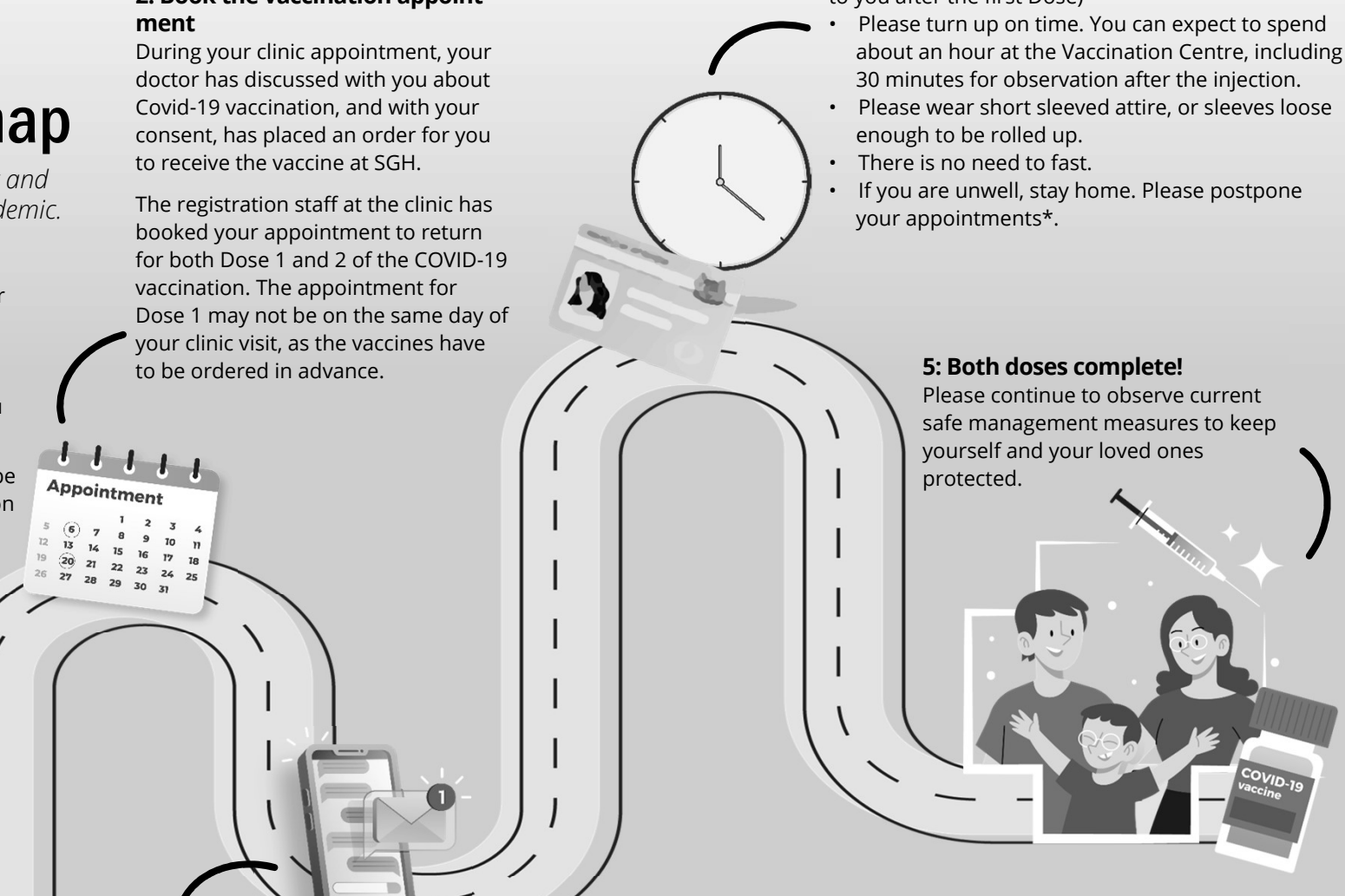
## 5: Both doses complete!

Please continue to observe current safe management measures to keep yourself and your loved ones protected.

## After vaccination:

Like other vaccines, this vaccine may cause mild or moderate side effects in some individuals (please see other side for list of side effects). These will usually get better within a few days. You may wish to see a doctor if the side effects persist or get worse.

In the rare event that you experience a severe allergic reaction, seek medical attention immediately. Call 995 or go to the nearest A&E immediately.



# Frequently-Asked-Questions

## 1. Is the vaccine free?

The vaccine is free for all Singaporeans and long-term residents in Singapore, which includes Singapore Permanent Residents, and Employment Pass holders.

## 2. Which vaccine am I getting?

You will be getting the Pfizer-BioNTech COVID-19 vaccine.

## 3. How many doses are there?

The vaccine consists of two doses, with the second dose due 21 days after the first dose. You must receive both doses to have the full vaccine protection.

## 4. How will the vaccine be administered?

The vaccine will be injected in your upper arm. To make this easier, you are advised to wear short-sleeved attire, or sleeves loose enough to be rolled up.

## 5. How long will the vaccination take?

You can expect to spend about an hour at the Vaccination Centre. This includes screening, the vaccination as well as 30-minute observation after the injection.



**Shuttle Bus:** Take the Orange Route SGH Campus Shuttle Bus and alight at SNEC

**Car Park:** Park at Macalister Road Car Park H. Take the Car Park H Shuttle Bus and alight at shuttle bus stop near Academia

## 6. What are the possible side effects?

The vaccine has been assessed to be safe. However, you may experience common side effects, similar to other vaccines. Most side effects are mild or moderate, and usually get better within a few days. The table below lists some common side effects that have been reported with this vaccine, and how to manage them.

Side Effects	How to manage
<ul style="list-style-type: none"><li>Pain, redness, swelling at the injection site</li><li>Fever, chills</li><li>Headache, muscle pain, joint pain</li></ul>	Paracetamol 1 to 2 tablets every 6 hours as needed
<ul style="list-style-type: none"><li>Tiredness</li></ul>	Rest
<ul style="list-style-type: none"><li>Lymph node swelling at neck or arms</li></ul>	Usually gets better by itself in a week or so

See a doctor if:

- The side effects persist or get worse
- The fever persists for more than 48 hours (2 days)

In very rare cases, this vaccine can cause a severe allergic reaction. Signs of a severe allergic reaction include: difficulty breathing, swelling of your face, throat, eyes or lips, a fast heartbeat, dizziness and weakness, a bad rash all over your body.

If you experience a severe allergic reaction, seek medical attention immediately. Call 995 or go to the nearest A&E immediately.

## 7. Is it alright for me to have my vaccination on the same day as my other SGH appointments?

As you may experience some mild or moderate side effects, it is not advisable to schedule your vaccination on the same day as your other appointments in SGH.



If you have questions about the vaccination programme, you could get more information online ([www.sgh.com.sg/covidvac](http://www.sgh.com.sg/covidvac)) or call SGH Call Centre - 6326 6666.