ZOLEDRONIC ACID (Zometa®)

What is Zoledronic Acid?
Zoledronic Acid is a drug that minimizes the release of calcium from bone.

How should I take Zoledronic Acid?
It is given as an intravenous infusion over 15 minutes every 3 to 4 weeks.

What should I do if I forget a dose?
If you miss a dose of Zoledronic Acid, receive it as soon as possible.

How should I store Zoledronic Acid?
Store at room temperature not exceeding 25° C, away from heat and light.

What are the side effects?
- Flu-like syndrome eg Fever, chills, headache, fatigue, muscle pain. 
  Maintain hydration, drink lots of fluids and take paracetamol if necessary.
- Nausea and vomiting may sometimes occur
- Pain and redness at injection site
- Headache
- Mild to moderate bone pain may occur
  Take paracetamol if necessary

Inform your doctor if any of the following occurs:
- Allergic reaction e.g rashes, swelling, breathing difficulty
- Severe or increased bone, muscle or joint pain
- Unresolved nausea, vomiting, dizziness and diarrhea
- Chest pain or breathing difficulty
- Blurred vision

Note: Women need to use reliable contraception during therapy

If you have any question, please call a nurse or pharmacist at the National Cancer Centre. The side effects listed above are those that occur frequently.
What is Zoledronic Acid?

Zoledronic Acid is a drug that minimizes the release of calcium from bone. Other side effects may occur. Please contact your doctor to report.

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