



UNDERSTANDING ARM SWELLING IN BREAST CANCER: PREVENTION & TREATMENT

English Forum & *Workshop
For Breast Cancer Patients & Healthcare Professionals

18 October 2008, Saturday
12.00pm to 5.00pm

National Cancer Centre Singapore, Level 4, Lecture Hall

<u>TIME</u>	<u>PROGRAMME</u>
2.00pm to 2.30pm	Registration
2.30pm to 2.40pm	Welcome Address
2.40pm to 3.10pm	Reducing the Risk of Lymphoedema Ms Ang Nancy Principal Occupational Therapist, Singapore General Hospital
3.10pm to 3.40pm	Non-surgical Treatment of Lymphoedema Ms Hozaidah Binte Hosain Principal Physiotherapist, Singapore General Hospital
3.40pm to 4.10pm	Surgical Treatment of Lymphoedema Dr Tan Bien Keem Senior Consultant Plastic, Reconstructive & Aesthetic Surgery, Singapore General Hospital
4.10pm to 4.30pm	Q & A
4.30pm to 5.00pm	Tea Reception

Admission: \$5 (includes GST & light refreshment)
Payment will be collected at the entrance on the day of event.
Strictly no admission for children below 12 years old.

Registration is required & by phone only: 6225 5655 / 6236 9432 / 6236 9434

Monday – Friday: 9am to 5pm

Registration is open from 29 September till 10 October 2008.

Limited seats. First-come-first-served.

1 CNE point for Nurses

*CONCURRENT WORKSHOP ON LYMPHOEDEMA MANAGEMENT

12.00pm to 12.30pm - Registration for Workshop Participants
12.30pm to 13.30pm - Workshop (English / Mandarin sessions available)

Practical session by Occupational Therapists & Physiotherapists
on Prevention and Non-surgical Treatment of Lymphoedema (massage, bandaging etc)

** Only forum attendees may sign up for the workshop. For cancer patients only.*

Limited Seats Available!

Co-organised By:



National Cancer
Centre Singapore
SingHealth



Singapore
General Hospital
SingHealth